



Volleyball Kit Instructions

Equipment Needed:

- 4 Net Pole Sections
- 2 Connecting Sleeves
- 4 Tie Clamps
- 2 Support Ropes
- 4 Stakes
- 1 Volley Ball Net
- 4 Net Tensioning Cords
(Packed with Volleyball Net)
- 1 Volleyball
- 1 Bag

Set Up Instructions:

1. Select two of the four poles provided as the “upper” pole sections.
2. Place two Tie Clamps on each upper pole, one about 2" from the top of the poles and the other several inches below the bottom of the net.
3. The top Tie Clamp should face away from the net. Loop a Net Tensioning Cord through the rear of this clamp (to be tied later) and tighten the clamp bolt at the halfway point of the rope.
4. Loop the Main Net Rope (strung through the top tape of the net) around the top of the pole and tie to the bolt securing the top tie to the pole. Note that this tie should be made so that several inches separate the side of the net from the pole.
5. Stretch the Net across the area to be used as a court and tie to the opposite top pole in the same manner.
6. Connect the bottom poles to the top poles using the connecting sleeves and stand the poles in the desired positions (net should be manually stretched semi-tight when positioning the poles). Note that the two pole sections may fit loosely in the connecting sleeve at this point, but will become rigid when staking is complete.
7. Tie the ends of the Support ropes to the stake and drive the stakes into the ground at a reverse angle so as to complete the tensioning of the top net rope.
8. Thread top Net Tensioning Cords (hanging from the rear of the Top Clamp) through the top grommet on the net and tie so that the top of the net is appropriately tensioned.
9. Loop the bottom Net Tensioning Cords under the Bottom Tie Clamp bolt and through the bottom net grommet and tie to complete the tensioning of the net. The net is now ready for play.

Note: Official court boundaries are a rectangle that is 18m long by 9m wide. The net is placed 2.43m (7' 11") high for men and 2.24m (7' 4.125") high and is suspended across the court.

Operating Instructions:

The object of the game is to try to score points in the course of hitting a ball with the hand across a net and within the boundaries of the court so that the opposing team cannot return the ball.

1. Each team places 3 players left, right and center forward in the front line and 3 in the rear.
2. The right rear player is stationed out of bound in the service area and delivers the serve with a one handed strike.
3. The server hits the ball over the net, and the defensive team attempts to return service before the ball hits the surface of the court using no more than 3 hits.
4. The ball may not be caught in the hands, and no player may hit the ball twice in succession.
5. If a serve goes out of bounds or fails to clear the net, play stops and the opposing team gains the serve.
6. At each change of service the players rotate position clockwise. This procedure allows each player to serve during the course of the game.
7. Only when serving may a team score points. 1 point for each successful offensive rally and the first team to score 15 points wins the game, except when the score is tied and 14. In that case the team the reached 17 first wins the game.

8. **NOTE: RALLEY POINT SCORING:** (with thanks to the Algonquin and Lakeshore District Catholic School Board ATHLETIC ASSOCIATION.)

In rally point scoring any team can score a point whether they are serving or not. A point will always be scored during any stoppage of play unless it is a re-service.

The team is awarded a point when its opponent:

1. Has let the ball touch the ground.
2. A team has played the ball more than three times consecutively.
3. The ball is held or pushed.
4. The ball touches obstructions such as basketball rims or the ceiling.
5. A player touches ball twice consecutively.
6. Team is out of position at service.
7. A player touches the net or a vertical marker on the antenna.
8. A player crosses completely the center line.
9. A player contacts the ball above the opponent's court.
10. A back line player while in the attack area hits the ball into the opponent's court from above the height of the net.
11. A ball is not passed over the net completely between the antennas. (where no antennas - vertical markers at each end of the net).
12. A ball lands outside or touches an object outside of the court.
13. A ball is played while using a team mate or a post for support. After having played the ball, a player can touch the post without committing a fault but he may not hold the post to help prevent a fault (i.e. net fault).
14. A player receives a personal penalty.
15. When a fault is committed by two opponents during the same play only the first one will be penalized. If both faults are committed simultaneously a replay will take place.
16. A player reaches under the net and touches the ball or an opponent while the ball is on the opposite side. Note: Crossing the vertical plane under the net is not a fault, providing the player does not touch an opponent and does not interfere with the opponent's play.
17. The game is delayed persistently. (taking longer than 5 seconds to serve).
18. An illegal substitution is made.
19. Team requests a third time out after a warning.
20. Extension of a second time out for rest beyond 30 seconds.
21. Delaying of substitution after using 2 time outs for rest.
22. Player(s) makes distracting gestures toward the opponent after a warning.
23. Blocking is formed in an illegal manner.
24. Service is not delivered from the designated area.
25. The served ball crosses the net with the help of a team mate.

26. Service is performed out of rotational order.
27. The Service is performed incorrectly.
28. Players wave arms, jump or form groups of two or more, the purpose of which is to form a screen to conceal the server's action.
29. If a player is unsuccessful with the serve the opposition is awarded a point and the service.

Returning the Volleyball Kit

All parts listed below must be returned in good working condition. Any parts missing or broken will be charged at the price listed.

U	Qty	Item	Price
'	4	Net Pole Sections	\$ 15.00
'	2	Connecting Sleeves	5.00
'	4	Tie Clamps	
'	2	Support Ropes	4.00
'	4	Stakes	4.00
'	1	Volley Ball Net	50.00
'	4	Net Tensioning Cords (Packed with Net)	
'	1	Volleyball	17.50
'	1	Bag	



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